

Maya Tulum Yoga and Nahuatl traditions of ancient Mexico

With Phoenix Artemisia and Mazatzin Acostas

Tulum, Mexico

December 13-20, 2008

REGISTRATION FORM and WAIVER

Name as printed on passport: _____

Email address: _____

Phone: _____

Mailing address: _____

City, State, _____

Zip code, Country _____

Passport number: _____

Date of Issue/ Expiration: _____

Accommodations—Will you be sharing a room with someone?

Name of that person:

Physical Wellness history—Do you have any health or physical limitations? Y/N _____

If “yes”, please describe briefly (use back of page if elaboration is needed)

Who should be contacted in the event of an emergency? List 2 people and their phone numbers with country code.

Person 1 _____

Person 2 _____

Current Yoga Practice---what style(s) of Yoga do you currently practice (Ashtanga, Iyengar, Vinyasa, Bikram, Hatha, other styles of regular meditation or pranayama practice) and for how long?

WAIVER AND RELEASE OF LIABILITY

I have read the traveler's information provided by the retreat facilitator and understand that since I am traveling in a foreign country I may need to take necessary precautions such as getting shots updated, and may need to observe some dietary precautions in the best interest of my health.

I understand that I am responsible for providing travel insurance for myself if so desired.

In registering for this retreat, I understand that I am wholly responsible for my health and safety for the duration of the retreat from its advent to close and hereby waive Linda Aron, d.b.a. Phoenix Artemisia, from any liability resulting from my participation. I agree not to hold Linda Aron, d.b.a. Phoenix Artemisia, responsible in the event of any loss of personal belongings, or damage to my person resulting from my participation in this retreat. I understand that every effort will be made to sustain my well-being in the case that a medical emergency occurs, but that I am wholly responsible for obtaining any necessary medical treatment should any illness or physical discomfort arise on the trip.

Signed,

Date:

Retreat Fees and Inclusions

Retreat fees include:

Airport transfers to and from the group destination

Yoga classes (twice daily instruction in asana, pranayama, chanting, meditation and philosophy)

Daily seminars on history and spirituality of ancient Mexico

All transportation throughout various locations between Tulum and excursion sites of Coba and Muyil

All vegetarian and seafood meals from Saturday evening Dec. 13 to Saturday morning Dec. 20

Guided tours and admissions to excursions

Refund and cancellation policy

A non-refundable deposit of \$450 reserves your space on the trip. The remaining retreat fees and single supplement, if necessary, minus your deposit are due by October 10, 2008.

If you register early, have paid in full, and have to cancel, all fees minus the deposit, are refundable before October 10.

After October 10, if you need to cancel, 50% of the cost minus the deposit will be refunded to you.

Paying in full well before the registration deadline is advisable as it will ensure lower airfare rates.

You can now pay securely using your credit card with PayPal by following the simple instructions found on the website link : www.phoenixyoga.net/retreats.html

It is necessary if you sign up by yourself, to designate single occupancy, unless we can find you a roommate. There is no guarantee made for double accommodations. If a roommate of the same gender becomes available for you, your single supplement will be refunded or deducted from any balance owed.

Early Bird Discount: Pay in full by August 1, 2008 and take \$100 off.

Bring a friend: Each person takes \$50 off.

Please designate your preference for a single or double room by indicating:

1st choice: _____ 2nd choice: _____

Non-refundable deposit:	+ \$450
Remaining retreat fees after deposit:	
Double Garden View	+ 1800 _____
Double Ocean View	+ 2100 _____
Single Garden View	+ 2200 _____
Single Ocean View	+ 2500 _____
*If coming with a friend:	- 50
*Early Bird paid in full 8/1/08	- 100
Total amount enclosed	_____

Upon receiving your registration you will receive a receipt, hard copies of retreat schedule, resource list for Mexico, travel information, and other pertinent itinerary information by mail. **Thank you!**

Please send deposit and payment in full if early registration, signed Waiver and Release of Liability, and your completed registration form to:

Phoenix Artemisia
P.O. Box 2716
Aptos, CA 95001-2716

We so look forward to sharing a magical and unforgettable journey with you! ~Om Tat Sat