

yoga journey to north india

With Phoenix Artemisia
Rishikesh and Haridwar-Agra-Delhi
October 4-19, 2008

REGISTRATION FORM and WAIVER

Name as printed on passport: _____

Email address: _____

Phone: _____

Mailing address: _____

City, State, Zip code, _____

Country _____

Birthday/Age (this is necessary for train bookings) _____

Passport number: _____

Date of Issue/ Expiration: _____

Accommodations—Will you be sharing a room with someone?

Name of that person:

Physical Wellness history—Do you have any health or physical limitations? Y/N _____

If “yes”, please describe briefly (use back of page if elaboration is needed)

Who should be contacted in the event of an emergency? List 2 people and their phone numbers with country code.

Person 1 _____

Person 2 _____

Current Yoga Practice---what style(s) of Yoga do you currently practice (Ashtanga, Iyengar, Vinyasa, Bikram, Hatha, other styles of regular meditation or pranayama practice) and for how long?

WAIVER AND RELEASE OF LIABILITY

I have read the traveler's information provided by the retreat facilitator and understand that since I am traveling in a foreign country I may need to take necessary precautions such as getting shots updated, and may need to observe some dietary precautions in the best interest of my health.

I understand that I am responsible for providing travel insurance for myself if so desired.

In registering for this retreat, I understand that I am wholly responsible for my health and safety for the duration of the retreat from its advent to close and hereby waive Linda Aron, d.b.a. Phoenix Artemisia and Parmarth Niketan Ashram from any liability resulting from my participation. I agree not to hold Linda Aron, d.b.a. Phoenix Artemisia or Parmarth Niketan Ashram responsible in the event of any loss of personal belongings, or damage to my person resulting from my participation in this retreat. I understand that every effort will be made to sustain my well-being in the case that a medical emergency occurs, but that I am wholly responsible for obtaining any necessary medical treatment should any illness or physical discomfort arise on the trip.

Signed,

Date:

Retreat Fees and Inclusions

Retreat fees include:

Airfare up to \$1300 from any location
Airport transfers to and from the group destination
Yoga classes (44 hours of instruction in asana, pranayama, chanting, meditation and philosophy)
All transportation throughout various locations between Delhi, Rishikesh, Haridwar, and Agra
A 2.5 hour Ayurvedic massage treatment
All delicious, impeccably prepared vegetarian meals
Guided tours and admissions to 15 excursions- temples, historic sites, and places of interest

A non-refundable deposit of \$350 reserves your space on the trip. The remaining retreat fees and single supplement, if necessary, minus your deposit are due by August 1, 2008.

If you register early and have to cancel before August 1, all fees minus the deposit, are refundable.

Any cancellation after August 1st and up until Sept. 5 will result in loss of cost of your airline ticket, which will have been purchased for you at that point, and the \$350 deposit. The remaining fees, minus airfare and \$350 deposit, will be returned to you.

After Sept. 5th, there are no refunds of any kind available.

Paying in full well before the registration deadline is advisable as it will ensure lower airfare rates.

You can now pay securely using your credit card with PayPal by following the simple instructions found on the website link : www.phoenixyoga.net/retreats.html

Combination Accommodations: The most expensive part of going to India besides the airfare are the hotels in Delhi. If you are on a budget but feel that you will need or want a single room for most of your time in India, you should know that you can request to be put on a wait list for a combination of single and double shared occupancy. This means you would save money on the rooms that we have in Delhi on the first two nights for a reduction of \$250 off of the standard single registration. However, you would have to pay for single occupancy in Haridwar and the other locations. You would get your own room for 12 of the 14 nights at a discount of \$250 if you are willing to share with someone for the first two nights.

Standard Double Occupancy Registration: \$3250

Combination accommodations: \$3475

Standard Registration with Single Supplement: \$3725 *

*This is necessary if you sign up by yourself, unless we can find you a roommate. There is no guarantee made for double accommodations. If a roommate of the same gender becomes available for you, your single supplement will be refunded or deducted from any balance owed.

Early Bird Discount: Pay in full by June 1, 2008 and take \$100 off.

Bring a friend: Each person takes \$50 off.

All ashram rooms have a view of the Ganga (“Ganga Darshan”) rooms and are suited for 1-2 people. You may also opt to stay at the more Western-style Green Hotel. The Green Hotel is very modernly appointed, and some opt to stay here as during the holiday season there can be some noise outside the ashram which makes sleeping difficult. However, the ashram has it’s own magical field, so it is a wonderful place to stay if you wish to be very close to the Ganga river.

On the nights we will spend in Delhi and Haridwar, please designate your preference for a single or double room by indicating:

1st choice: _____

2nd choice: _____

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|--|---------|
| Non-refundable deposit: | + \$350 |
| Remaining retreat fees after deposit: | |
| Double \$2900 (total \$3250) | |
| Combo \$3125 (total \$3475) | + _____ |
| Single \$3375 (total \$3725) | |
| *If securing your own airfare, deduct: | -\$1300 |
| *If coming with a friend: | -\$ 50 |
| *Early Bird paid in full 6/1/08 | -\$100 |
| Total amount enclosed | _____ |

Upon receiving your registration you will receive a receipt, hard copies of retreat schedule, resource list for India travel information, and other pertinent itinerary information by mail. Thank you!

Please send deposit and payment in full if early registration, signed Waiver and Release of Liability, and your completed registration form to:

Phoenix Artemisia
P.O. Box 2716
Aptos, CA 95001-2716

We so look forward to sharing a magical and unforgettable India journey with you! ~Om Tat Sat