

# Beauty Way Yoga Journey

With Phoenix Artemisia  
Sedona, Flagstaff, Navajo Nation- Arizona  
April 11-18, 2009

## REGISTRATION FORM and WAIVER

Full Legal Name: \_\_\_\_\_

Email address: \_\_\_\_\_

Phone: \_\_\_\_\_

Mailing address: \_\_\_\_\_

City, State, Zip code, Country \_\_\_\_\_  
\_\_\_\_\_

Accommodations—Will you be sharing a room with someone? Y/N

Name of that person:

Would you like to be put on a wait list for double occupancy (with someone of your gender)?

Physical Wellness history—Do you have any health, dietary or physical limitations? Y/N \_\_\_\_\_

If “yes”, please describe briefly (use back of page if elaboration is needed)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Who should be contacted in the event of an emergency? List 2 people and their phone numbers with country code.

Person 1 \_\_\_\_\_

Person 2 \_\_\_\_\_

Current Yoga Practice---what style(s) of Yoga do you currently practice? (Ashtanga, Iyengar, Vinyasa, Bikram, Hatha, other styles of regular meditation or pranayama practice) and for how long?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## WAIVER AND RELEASE OF LIABILITY

I understand that I am wholly responsible for my health and safety for the duration of the retreat from its advent to close. I agree that I am responsible during the Yoga practices for my own person and all actions made by me and upon me with my consent when Yoga classes are in session. I understand that I can avoid potentially injuring myself by respecting my body and being in communication with the instructor should need for modified practices arise. I also agree that all other physical activities such as optional hiking in rough terrain will be taken at my own risk. I hereby waive Linda Aron, d.b.a. Phoenix Artemisia, and Emerson Gorman from any liability resulting from my participation in this retreat. I agree to not indemnify Phoenix Artemisia or Emerson Gorman in the event of any loss of personal belongings, or damage to my person resulting from my participation in this retreat. I understand that every effort will be made to sustain my well-being in the case that a medical emergency occurs, but that I am wholly responsible for obtaining any necessary medical treatment should any illness or physical discomfort arise on the trip.

Signed,

Date:

### Retreat Fees

A non-refundable deposit of \$350 reserves your space on the trip. The remaining retreat fees minus your deposit are due by March 10th. You can pay with a credit card via PayPal if you like, please see [www.phoenixyoga.net/retreats.html](http://www.phoenixyoga.net/retreats.html) for instructions on how to pay securely in this way.

Full registration: Single- \$1650, Double- \$1265

DIY (Do-It-Yourself) registration: \$695 (you will receive an agreement and special waiver to sign)

Early-bird Registration paid in full by December 1, 2008: Take \$100 off.

Bring a friend: Each person takes \$50 off.

Please designate your preference for a single room or request for double occupancy by checking here:

If you are not signing up with someone, we can't guarantee you a roommate (although we'll try!) and you must sign up as single occupancy. You can designate the "Double" as a second choice and we will try to match you with a roommate of your same gender.

Single \_\_\_\_\_ Double \_\_\_\_\_ D.I.Y. (Partial registration) \_\_\_\_\_

Non-refundable deposit: \$350

Retreat fees: add \$1300 (\$1650 total) for single,  
\$915 (\$1265 total) for double + \_\_\_\_\_  
or \$345 (\$695 total) for Do-It-Yourself

If early registration, paying in full: -\$100 - \_\_\_\_\_

If coming with a friend: -\$50 - \_\_\_\_\_

Total amount enclosed \_\_\_\_\_

Upon receiving your registration you will receive a receipt, hard copies of retreat schedule, and other pertinent itinerary information by mail. Thank you!

Please send deposit and payment in full if early registration, signed Waiver and Release of Liability, and your completed registration form to:

Phoenix Artemisia  
P.O. Box 2716  
Aptos, CA 95001-2716

We so look forward to sharing a magical and unforgettable journey to Arizona with you!