

Things to Know about D.I.Y. (Do-It-Yourself) Registration  
and Participant Agreement

We understand that, weather permitting, it might be incredibly tempting to camp during this week in the gorgeous, rugged places we will be touring through! This option also makes it possible to save quite a bit on the overall cost of hotels. There are a few year-round campsites in all of the areas that we will be visiting, except on the last night in Phoenix, AZ. You are welcome to let the facilitator know, in the designated space below on this page, if you would like to have a hotel room on April 17<sup>th</sup>, the last night of our trip. Otherwise, you are welcome to depart from the trip after our farewell dinner in Flagstaff, or any time you like the next morning when the group disbands.

Some breakfast meals and dinners happen at the hotel restaurants where we stay, and you are welcome and encouraged to join us for these, as dining options are limited on the reservation! If you are preparing your own meals at a campsite be sure to leave plenty of time to pack up and arrive at the hotel to meet the group.

One of the principle teachings of Yoga is that discipline and responsibility afford us greater freedoms. If you are signing up with this more self-directed option, *you must agree to be responsible to a couple of firm, non-negotiable points.*

- **You agree to be on time to all group departures by meeting us 15 minutes early at the hotel where the group is staying**, at the time of the first group activity (Yoga class or outing). You will be provided with a list and directions to these hotels so that you can easily meet us. Most of the campgrounds listed are within a few miles of the hotels where we stay.
- **You recognize that if you fail to meet the group at the agreed upon time, the group will continue on without you, and you will knowingly forfeit any tuition paid to the facilitator for your participation.**

With these points in mind, we thank you in advance for your respect, commitment and understanding on these simple acts that make our group experience flow safely and smoothly for all.

Circle one:

I designate here that I   would like / would not like   a hotel room for the night of the 17<sup>th</sup> with the rest of the group in Phoenix, Arizona.

I realize that by signing up for this option I will be paying for my own camping fees, and any permits necessary to obtain entry into state parks, national parks, or privately owned camp areas. I agree to camp in legally designated areas given in the retreat materials, and to refrain from bringing alcohol or drugs onto the Navajo Reservation in respect and accordance with the laws of the Navajo Nation.

**This option includes:** Organized group travel to all sites on the itinerary, all guided tours, contributions to elders, admissions to sites, seminars on indigenous history, and seven yoga classes.

**It does not include:** transportation between campsites. We are glad to provide information about car rental from Phoenix Int'l airport if you are taking advantage of this camping option but are not driving your own car to meet the group.

I have read the following and agree to follow the guidelines set forth here.

Signed,

Dated

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